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ENTREES AT A GLANCE

Milk served with all meals

- 2/1-*Chicken Cordon Bleu*
- 2/2-*Salisbury Steak*
- 2/5-*Ham, Macaroni & Cheese Bake*
- 2/6-*Beef Stroganoff*
- 2/7-*Stuffed Shells*
- 2/8-*Italian Chicken Breast*
- 2/9-*Swedish Meatballs*
- 2/12-*Sweet & Sour Chicken*
- 2/13-*Jambalaya*
- 2/14-*Vegetable Lasagna*
- 2/15-*Meatloaf & Gravy*
- 2/16-*Lemon Pepper Fish*
- 2/19-**ALL CENTERS CLOSED**
- 2/20-*Chili with Rice*
- 2/21-*Chicken & Vegetable Stew on a Biscuit*
- 2/22-*Chicken Nuggets*
- 2/23-*Alaskan Pollock*
- 2/26-*BBQ Chicken*
- 2/27-*Stuffed Cabbage*
- 2/28-*Fish Sticks*

SALAD BAR-Thurs & Fri



 **MARK YOUR CALENDARS!**

- March 6th-Line Dancing in Dingmans
- March 9th-Bus Trip to Mohegan Sun Casino
- March 13th-St. Patty's Day Party in Dingmans & Matamoras
- March 13th-Sip & Paint in Dingmans

FREE TAX PREPARATION

IRS-certified volunteers are ready to help you get the most from your Federal and state tax returns

IRS trained Tax Preparers will be at Blooming Grove, and the Matamoras Boro Hall for tax payer assistance for those with low to moderate income, with special attention to those age 60 or older. This will be by appointment ONLY. Dates and times begin February 6th and will be Tuesdays, Wednesdays and Thursdays, in Blooming Grove. Tuesdays in Matamoras starting February 13th Business income preparation is by CEZ form ONLY.

Please note what to bring when you come:

IT IS IMPERATIVE that you bring a copy of last year's income tax returns.

*W-2 forms for each employer

*SSA-1099 form if paid Social Security

* All 1099 forms (1099-INT, 1099-DIV, 1099-B, etc.)

* 1099-MISC showing any miscellaneous income

* 1099-R form if you receive a pension or an annuity

* All forms indicating federal income tax paid

* Bank documentation relevant to mortgage debt forgiveness

*Dependent care provider information (name, employer ID/Social Security numbers)

*All details if itemizing deductions

*Social Security cards or other documentation for yourself and all dependents

*All paid property tax bills

TAX DOCUMENTS TO BRING REGARDING YOUR HEALTH INSURANCE:

*Health insurance coverage for you, your spouse & dependents

*If you do not have a full year coverage, bring information on monthly coverage

*If you purchased health insurance through the Health Care marketplace you must bring form 1095

*Bring any health care exemptions received from the IRS or the Health Care marketplace

TAX PREPARATION IS BY APPOINTMENT ONLY
CALL 775-5550 FOR AN APPOINTMENT

Upon completion of tax preparation, You will receive a copy of your taxes. **DO NOT LOSE THEM.** The Tax Preparers do not keep any records. During bad weather, if the schools are closed, tax appointments are automatically cancelled, call to reschedule. If there is a 2 hour school delay, tax preparation appointments begin at noon. All morning (A. M.) tax appointments are automatically cancelled. Call to reschedule your appointment 570-775-5550

February is upon us,

Does February mean the “heart of winter”? or the “light at the end of a winter tunnel?”

How do you look at it? Is the glass half empty or half full? As I have managed to keep a cold/infection for approximately a month now, I am hoping it is the end of the winter. Yeah, I ski and my family all likes to ice fish (why? Who does that willingly?) but I am ok with mud, buying potting soil and hoping Springs eternal. The anticipation of the end of wearing gloves, losing gloves, warming up the car, and scraping windshields almost makes me giddy.

So let's focus on the good while February is here:

What's in your cabinet will be at the Wallenpaupack Area High School on February 1st. Our Secretary of Aging, Teresa Osborne will be presenting as well as Physician General & Acting Secretary of Health, Dr. Rachel Levine as well as Secretary of Environmental Protection, Patrick McDonnell & Secretary of Agriculture, Russell Redding. Contact the Governor's office @ 570.614.2090 for info and attendance information.

Mardi Gras, great food, fun, and music ALWAYS a good time.

Our Tax preparers are all coming out of hibernation to assist you with your returns. Thank you to Monica McVitie for rallying and getting all of the locations organized. See list on front page.

PLEASE* PLEASE* PLEASE * PLEASE *

Remember to keep your copies of your annual income statements that you collect for taxes. Our new Pennsylvania Department of Aging policy and procedure require us to obtain a copy of this for the cost share program. Your Aging Care Manager will be contacting you for these important documents.

Valentine's Day, I know, who cares right? Well it is an opportunity to eat chocolate so enough said.

President's Day, an excuse to go shopping for sales or, you can go to Rohman's Inn in Shohola for their winter Olympics (not for the feign of heart) but a rousing good time to beat the winter blues

February alsoAmerican Heart Month/Wear Red Day President Lyndon B. Johnson declared the first American Heart Month in 1964. Ever since then, the month of February has been called Heart Month. Cardiovascular disease, including heart disease and stroke, remains the leading global cause of death with more than 17.3 million deaths each year.

We have completed our midyear point with our funding and unfortunately are forced to start a wait list for many of our services. The need is great and we are glad people are reaching out for help, please remember to support the Lottery for our funding as we are challenged with alternate forms of gambling entering our State such as video game terminals and internet gambling. The PA Lottery tickets and scratch offs are the major source of all of **our services. Don't forget to play!**

Black History Month



The Tuskegee Army Air Field became the vital center for training African Americans to fly fighter and bomber aircraft. In 1941, the U. S. Army Air Corps (predecessor to the modern-day U.S. Air Force) was a segregated part of the military. With World War II near at hand, it was decided to offer training to African Americans as pilots and mechanics. The new air base at Tuskegee, Alabama, became the center for the training program of black air personnel. First with the 99th Fighter Squadron and later with the 332nd Fighter Group, African Americans made their contribution to the war effort, serving in North Africa, Sicily, and Italy during the war. Called the "Tuskegee Airmen," these airmen made a pioneering contribution to the war and the subsequent drive to end racial segregation in the American armed forces.



Polish Skiing at Rohman's 21st Winter Olympics

Keep in mind:

Insurance agents cannot cold call or come to beneficiaries' homes without an appointment to sell plans.

At educational seminars, insurance agents cannot require people with Medicare to fill out sign-in sheets that ask for Medicare numbers or other sensitive information.

Agents cannot cross-sell insurance products at legitimate meetings with beneficiaries.

Medicare does not call beneficiaries to verify personal information.

There are no "early bird" specials or limited time only offers on plans.

For assistance please contact APPRISE at 570-775-5550 x 1313.



The Low-Income Energy Assistance Program (LIHEAP) helps low income families pay their heating bills. LIHEAP is a grant. You do not have to repay it. LIHEAP offers both cash and crisis grants. Cash grants help families pay their heating bills. The one-time payment is sent directly to your utility company or fuel provider, and it will be credited on your bill. Cash grants range from \$200 to \$1000

and are based on household size, income, and fuel type. Crisis grants may be available if you have an emergency situation and are in jeopardy of losing your heat. You can receive more than one Crisis grant, as necessary, during the season until the maximum benefit of \$500 is reached. Apply online

www.compass.state.pa.us or request an application by calling the Statewide LIHEAP Hotline

1-866-857-7095.



**Mohegan Sun Casino Trip
Friday, March 9, 2018**

You must bring your ID or the casino will not give you play money or food vouchers.

The bus will be leaving at 9:30 a.m. SHARP from the Blooming Grove Senior Center. We will not be able to wait for anyone. If you miss the bus you lose your money.

Money refunded only if we can fill you seat.

We will be arriving back at Blooming Grove between 5:00 and 5:30.

To guarantee a seat on the bus, payment in full is due as soon as possible.

\$30.00 per person. For this you will receive transportation, \$25.00 casino play money and \$5.00 food voucher.

For reservations please pay and sign up with Lana at Blooming Grove Senior Center.

Checks are payable to Pike County AAA.

570-775-5550 x 1317



FREE COMPUTER LESSONS

Are you electronically challenged?

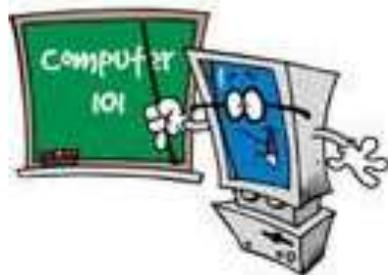
Do you need help with the computer?

Would you like to learn how to use the computer?

Do you have questions about programs on the computer?

Appointments are necessary.

Please call Lana at 570-775-5550 extension 1317 for appointments.



**We would like to welcome
all the members of the
AARP Club
to our Matamoras Center the first
Wednesday of every month**

Magnesium is one of the most essential nutrients for proper body function and optimal health. Decades of research have shown its vital role in regulation biochemical processes and physiological systems that maintain metabolic and cardiovascular health.

Some studies suggest that an RDA of 250mg/day for healthy adults is adequate, and that magnesium needs may decrease or increase depending on body weight. The US Institute of Medicine of the National Academies recommends daily intakes of 400-420 mg for adult men and 310-360 mg for adult women depending on age and life stage (e.g. pregnancy/lactation), independent of body weight.



Barriers to Adequate Intake:

- ~It has become more difficult for people on a modern diet consisting of mainly processed foods to get adequate levels of magnesium through diet alone.
- ~Nearly 59 percent of adults in the US are getting less than their daily requirement of magnesium from food.
- ~Complicating matters, comorbid illnesses like cardiovascular and kidney disease, diabetes and hypertension may contribute to low magnesium levels.

Symptoms of Low Magnesium:

- ~Assessment of magnesium status can be difficult since magnesium is stored mostly in muscle and other cells.
- ~Evaluation of magnesium status should include both laboratory test and clinical assessment with healthcare provider. Some symptoms of potential magnesium deficiency include loss of appetite, fatigue, muscle cramping and tightness, to more severe symptoms including cardiac problems.

If dietary intake is not adequate, magnesium supplementation can be a safe way to help restore or maintain a healthy level of magnesium.

Pumpkin seeds, Sesame seeds, Milk, Bananas, Quinoa, Black Beans, Deep Green Leafy vegetables, Navy Beans and avocados are some sources of magnesium.

FORM SSA-1042S – SOCIAL SECURITY BENEFIT STATEMENT

2017			• THIS FORM IS FOR USE IN FILING A UNITED STATES FEDERAL INCOME TAX RETURN. • DO NOT RETURN IT TO SOCIAL SECURITY. • READ THE INFORMATION ON THE REVERSE.		
Box 1. Name		Box 2. Beneficiary's Social Security Number			
Box 3. Benefits Paid in 2012	Box 4. Benefits Repaid to SSA in 2012	Box 5. Net Benefits for 2012 (Box 3 minus Box 4)			
REMINDER You will be receiving your new social security statement and 1099, it is important to keep this documentation as this is needed to receive any benefits.					
Box 6. Rate of Tax		Box 10. Address			
Box 7. Amount of Tax Withheld					
Box 8. Amount of Tax Refunded		Box 11. Claim Number (Use this number if you need to contact SSA.)			
Box 9. Net Tax Withheld During 2012 (Box 7 minus Box 8)					

**Gift
BINGO**

Join us
at our

Lackawaxen Center every
Thursday during the month
of February at 12:00 noon



February 2018 Eastern Pike Center @ Matamoras 9am-2pm 570-832-1929

Monday	Tuesday	Wednesday	Thursday	Friday
Monthly blood pressure screening in Matamoras provided by Celtic Hospice and Home Health 		1 CLOSED	2 Bingo, Cards & Games Lunch Exercise & Line Dancing with Lana 	
5 Closed <i>Medical Transport</i>	6 Temporarily closed for the winter	7 Cards, Games Lunch Yoga with Lori @ 10:30 AARP Club Mtg @ 12	8 CLOSED	9 Bingo, Cards & Games Lunch Exercise & Line Dancing with Lana Sip & Paint 10:00 I & R Blood Pressure 
12 Closed <i>Medical Transport</i>	13 months. Look for more	14 Cards, Games Lunch Yoga with Lori @ 10:30 Valentine's Party	15 CLOSED	16 Bingo, Cards & Games Lunch Exercise & Line Dancing with Lana 
19 <i>Medical Transport</i> ALL CENTERS CLOSED PRESIDENTS DAY	20 information on our reopening and	21 Cards, Games Lunch Yoga with Lori @ 10:30 Blind Assoc. Support (3rd Wed of month)	22 CLOSED	24 Bingo, Cards & Games Lunch Exercise & Line Dancing with Lana Celebrate Birthdays 
26 Closed <i>Medical Transport</i>	27 CASH BINGO on March 6th	28 Cards, Games Lunch Yoga with Lori @ 10:30 Golden Age Club		

February 2018 Dingmans's Center 9am-2pm 570-828-7812

 <p>Quality HEALTHCARE <i>A Licensed Home Care Agency</i></p> <p>Blood Pressure Screening in the Dingman's Senior Center is provided by Quality Healthcare</p>	EVERY TUESDAY	EVERY FRIDAY
	Cards & Games Yoga with Lori @ 10:30 Lunch 2/6-PJ Day 2/6-Western Fun and Line Dancing with Lana 2/13-I & R (2nd Tues) Mardi Gras Celebration 2/27-Blood Pressure provided by Quality Healthcare @ 10 am 2/27-Celebrate Birthdays	Bingo, Cards & Games Lunch 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Bingo Exercise with Lana Wii Bowling Blood Pressure  	2 Arts & Crafts Cards 
5 Medical Transport Hemlock Ladies	6 Arts & Crafts Wii Bowling Bigger Shopping Dingmans & Shohola Computer class <i>must have appt.</i>	7 Cards Dominoes, Rummikube Bigger Shopping Milford/Matamoras	8 Bingo Exercise with Lana Wii Bowling Bigger Shopping Promised Land 	9 Arts & Crafts Cards 
12 Medical Transport Monday's Angels Alzheimer's Support @ 1:30	13 Arts & Crafts Exercise with Lana Tai Chi 10:30 Wii Bowling  Computer class <i>must have appt.</i>	14 Cards Dominoes, Rummikube Grief Support 10:30	15 Bingo Exercise with Lana Wii Bowling Blood Pressure 	16 Arts & Crafts Cards 
19 Medical Transport <div style="display: flex; align-items: center; justify-content: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); border: 1px solid black; padding: 2px;">CENTERS</div>  <div style="writing-mode: vertical-rl; transform: rotate(180deg); border: 1px solid black; padding: 2px;">CLOSED</div> </div>	20 Arts & Crafts Exercise w/ Lana Tai Chi 10:30 Wii Bowling Computer Class <i>must have appt.</i> VA Rep @ 9:00	21 Cards Dominoes, Rummikube	22 Bingo Exercise with Lana Wii Bowling Birthday Celebration 	23 Arts & Crafts Cards 
26 Medical Transport Ombudsman @ 1:30 Monday's Angels Alzheimer's Support @ 2:30	27 Arts & Crafts Exercise w/ Lana Tai Chi 10:30 Wii Bowling Computer class <i>must have appt.</i>	28 Cards Dominoes, Rummikube		

EVERY MONDAY	EVERY WEDNESDAY	EVERY THURSDAY
Cards & Games Lunch Medical Transport 2/19-Centers Closed	Exercise with Annette or Lana Lunch Bingo @ 12:00 2/7-Exercise with Annette @ 11:00 2/7-PJ Day 2/14-Valentine's Party 2/14-I&R (2nd Wed) 2/21-Exercise with Annette @ 11:00 2/21-Blood Pressure (3rd Wed) 2/28-Celebrate Birthdays 2/28-Line Dancing & Exercise with Lana	Cards & Games & Bingo Lunch ***GIFT BINGO @ 12*** 2/1, 2/8, 2/15, & 2/22 



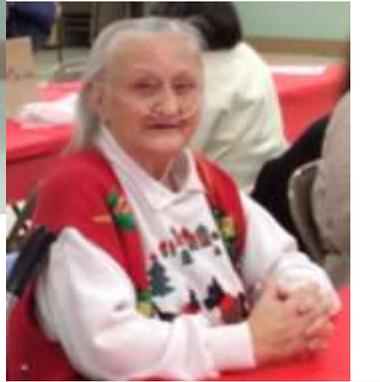
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>FREE HOME DELIVERY Provided by Lords Valley Village Pharmacy 658 Route 739, across from Century 21 Realty 570-775-9555</p>			<p>1 Cucumber Salad Chicken Cordon Bleu Scalloped Potatoes Broccoli Medley Rye Bread Jell-O</p> 	<p>2 Cole Slaw Salisbury Steak Mashed Potatoes with Gravy Succotash Dinner Roll Chocolate Pudding</p> 
<p>5 Lentil Soup Ham, Macaroni & Cheese Bake String Green Beans Rye Bread Fresh Fruit</p>	<p>6 Grape Juice Beef Stroganoff Egg Noodles Green Beans Rye Bread Mandarin Oranges</p>	<p>7 Broccoli & Chick Pea Salad Stuffed Shells with Tomato Sauce Zucchini & Onions Italian Bread Pistachio Pudding</p>	<p>8 Turkey Noodle Soup Italian Chicken Breast w/Tomato Sauce and Pasta Spinach Italian Bread Pears</p> 	<p>9 Tossed Salad Swedish Meatballs over Rotini Peas & Onions Wheat Bread Fruit Cocktail</p> 
<p>12 Waldorf Salad Sweet & Sour Chicken Rice Stir Fried Vegetables Wheat Bread Peaches</p>	<p>13 Krab Bisque Jambalaya & Rice Peas & Onions Dinner Roll Chocolate Cake</p>	<p>14 Tomato Orzo Soup Vegetable Lasagna Pacific Medley Italian Bread Ambrosia</p>	<p>15 Carrot Salad Meatloaf & Gravy Parsley Potatoes Succotash Vanilla Pudding</p> 	<p>16 Cranberry Juice Lemon Pepper Fish Confetti Rice Zucchini & Tomatoes Dinner Roll Fresh Fruit</p> 
<p>19 ALL CENTERS CLOSED</p> 	<p>20 Mandarin Salad Chili with Rice Corn & Red Peppers Corn Muffin Fruit Cocktail</p>	<p>21 Beet & Onions Chicken & Vegetable Stew on a Biscuit Mashed Potatoes Fresh Fruit</p>	<p>22 Split Pea Soup/ Crackers Chicken Nuggets Potatoes O'Brien Peas & Carrots Wheat Bread Ice Cream</p> 	<p>23 Red Cabbage Salad Alaskan Pollock Buttered Noodles Brussel Sprouts Wheat Bread Carrot Cake</p> 
<p>26 Corn & Black Bean Salsa BBQ Chicken Rice Brussel Sprouts Rye Bread Jell-O</p>	<p>27 Orange Juice Stuffed Cabbage Mashed Potatoes Corn Wheat Bread Fresh Fruit</p>	<p>28 Southwest Corn Chowder Fish Sticks Tartar Sauce Rice Pilaf Mixed Vegetables Apple Crisp</p>		

Seniors Are Our First Priority

2017



MERRY CHRISTMAS



EVENTS and PROGRAMS

Do you live in the Greentown area & need assistance with your shopping?
There are a few supermarkets that will deliver to you.

Lake Region IGA-570-226-6000 extension 10 (you must order between 7 am & 9:30 am on Tuesdays). They deliver same day, by 1:30 PM. There is a \$9.95 delivery charge.

Dutch's Market-570-676-3373 No weekend Delivery-but require 24 hr. notice when ordering on other days. \$10 delivery charge.

Dave's Foodtown/Super Duper-570-251-9530 They do not deliver too far from store. Call them for details.

Shoprite delivers (\$10 internet fee & \$6.95 delivery fee) shop at www.shoprite.com

KNIGHTS OF COLUMBUS

sponsored home cooked meals the third Sunday of each month at **ST. VINCENT'S PARISH HALL** St. Vincent's Drive, Route 739, Dingmans Ferry, PA
2:00 PM-4:00 PM. All are welcome.

The Pike County Veterans In-Reach Project (PVIP)

informs veterans in Pike County receiving or eligible for Medicare about their Medicare benefits. This program provides referral services, information and non-biased counseling free of charge regardless whether or not the individual qualifies for or has benefits through the Veterans Administration. This program can also inform Veterans about free and low cost Medicare services and programs including; screenings, Medicare Savings Programs, extra help with prescriptions and PACE / PACENET, (state based pharmacy assistance programs). For more information, please call the Pike County Veterans In-Reach project at (570) 775-5550 ext 1313.

FREE SMOKE ALARMS!



American Red Cross

The Red Cross will come to your home and install 10-year lithium battery powered smoke alarms at no charge.

Please call 570-234-2705



Salvation Army
Hawley Service Unit
2018 Food Distribution
1st Thursday of each month
Distribution 4:00 PM to 6:00 PM
At Hemlock Farms Church
141 Lookout Drive, Hawley, PA
18428

Please call to register for the first time,

570-576-1964 to ensure we have enough food. Bring a current ID & social security cards for everyone in the house. If you cannot come the day of distribution, please call to discuss options. In case of inclement weather, please call to check distribution status.
PIKE & WAYNE COUNTY RESIDENTS ONLY

We have some colostomy supplies available, please call 570-775-5550 for details.

DO YOU HAVE EXTRA SPACE IN YOUR HOME?
WOULD YOU LIKE SOME COMPANIONSHIP?
EXTRA INCOME ?

If you answered "yes" to these questions, the SHARE program may be just what you need.

SHARE (Shared Housing And Resource Exchange)

is a new housing program being offered in Monroe, Pike and Wayne Counties. Professional Housing Counselors screen and match people who have extra space in their homes with people seeking an affordable living situation. If this sounds like a good idea for you or someone you know, please contact:

**Pike County and Wayne County
Larisa Yusko 570-832-5133**

or

**Monroe County
Ryan Lohman 570-832-0538**



KNIGHTS OF COLUMBUS

A nutritious home cooked meal will be provided the first Sunday of each month at **ST. JOHN NEWMAN PARISH HALL**
2:00 PM-4:00 PM.

All are welcome. If you plan to attend please call 775-0681 Mon, Thurs, or Fri or 775-9826 Tues & Wed. Please leave your name, telephone number and number of people attending when making reservations.

Senior Law Center

Senior Law Center protects the legal rights & interests of Seniors in Pennsylvania through legal services, referral services and advocacy. Call the Senior Law helpline if you need assistance at:
877-727-7529

Pike County Area Agency on Aging
150 Pike County Blvd.
Hawley, PA 18428

Non-Profit mailer



DO NOT CALL REGISTRY

If you want to stop those nagging calls from solicitors you can place your phone number on the Do Not call registry by calling:
1-888-382-1222 and
1-888-777-3406 or go on line to: www.donotcall.gov

To renew subscription, clip out mailing label and send it in with the \$5 yearly fee. If you have email, just send your email address to: kdantuono@pikepa.org, and get your newsletter sent right to your email address for **FREE**—Save time and money!

www.pikeaaa.org

Where to Find Information About the Medicare Plans Available in your County:

- * Medicare & You 2018 Handbook
- * www.medicare.gov Call APPRISE at: 1-800-783-7067
- * Call Medicare at: 1-800-633-4227 (Phone) or 1-877-486-2048 (TTY)
- * Or call us at: 570-775-5550 x 1313 for an appointment to assist you

Pike County Area Agency on Aging

Executive Director - Robin S. LoDolce - email: rlodolce@pikepa.org

Waiver Supervisor- Rene Bernatzky; **Options Supervisor** - Robin Soares

Nutrition Site Managers-Cherie Bland, Pam Capps, Jean Imperiale & Janice Palma

Activity & Program Director & Health & Wellness Coordinator - Lana Romeo

Blooming Grove Center-150 Pike County Blvd., Hawley, PA 18428

(Phone: 570-775-5550 or 1-800-233-8911 Fax: 570-775-5558)

Office / Center: Monday through Friday - 8am to 4pm

Dingmans Center-American Legion 851—107 Ball Park Rd, Dingmans Ferry, PA 18328

(Phone: 570-828-7812) —Tuesday & Friday 9 am to 2 pm

Lackawaxen/Shohola Township Center-Lackawaxen Fire Dept., Beisel Beck Rd. & Rte. 590, Lackawaxen, PA 18435. Monday, Wednesday and Thursday 9 am to 2 pm (Phone: 570-685-7808)

Eastern Pike Center @ Matamoras-Matamoras Fire House, 506 Avenue Q, Matamoras, PA 18336

Tuesday, Wednesday & Friday 9 am to 2 pm (Phone: 570-832-1929)

ELDER ABUSE REPORTING NUMBER 1-800-233-8911

www.pikeaaa.org

Advisory Council

Chairperson: *Patricia Crane * Steven R. Guccini, Commissioner Representative * Eileen Arenson * Doris Bannon * Charlotte Bell *
*Jeanne Carlstedt * Jacqueline Edicicco * Kathie Joseph* George Kanfer* Barbara Leary
* Marianne McMillin * Joe Shevlin * Sue Siska * Catherine Steele * Rita Tepperman *
Pike County Commissioners - Matt Osterberg *Richard A. Caridi * Steven R. Guccini*

**Pike County Transportation Hours 7:30am—4:00pm Phone 570-296-3408 Fax 570-296-3409
Toll Free: 1-866-681-4947 STATUS LINE: 570-296-1959**

Disclaimer: All information contained herein, is made available as an information service only. The information contained in this publication is not intended to replace official versions of that information. Although every reasonable effort is made to assure accuracy, the information presented without warranty, either expressed or implied, as to its accuracy, timeliness, or completeness.