

# July

# 2018

## Pike County Area Agency on Aging

### INSIDE THIS ISSUE

- Page 2— Director's Desk
- Page 3— Christmas in July, Center Without Walls
- Page 4— Cooling Centers, Elder Justice & Safe Haven
- Pages 5 & 6 — Activities
- Pages 7— Luncheon Menu
- Page 8— Pictures
- Page 9 — Events & Programs
- Page 10— Our Contact Information

### ENTREES AT A GLANCE

\*\*\*Milk served with all meals\*\*\*

- 7/2-Beef Stroganoff
- 7/3-Meatloaf & Gravy
- 7/4-CENTERS CLOSED for Holiday
- 7/5-Teriyaki Meatballs
- 7/6-Salmon w/Herb Butter
- 7/9-Chicken Nuggets
- 7/10-Chicken Breast, Tomato & Mozzarella on Roll
- 7/11-Chili Con Carne & Rice
- 7/12-Sausage, Onions & Peppers
- 7/13-MILFORD BEACH PICNIC
- 7/16-Swedish Meatballs
- 7/17-Roast Beef & Gravy
- 7/18-Tuna Salad
- 7/19-French Toast
- 7/20-Chicken Cordon Bleu
- 7/23-Lemon Pepper Fish
- 7/24-Chicken Caesar Salad
- 7/25-Corned Beef & Cabbage
- 7/26-Stuffed Chicken Breast
- 7/27-Sweet & Sour Stir Fry Chicken
- 7/30-Pasta & Bolognese Sauce

SALAD BAR-Thurs & Fri



### Milford Picnic at Milford Beach

### Friday July 13th

### Come join the fun!

### 10:00 am \$3.00



- Hot Dogs
- Hamburgers
- Potato Salad
- Cole Slaw
- Watermelon

Please call 570-775-5550 for reservations

## Fun & Games

Ritter's will be bringing their truck to our Matamoras Center on Wednesday, July 18th from 10:00 am to Noon and to Blooming Grove on Thursday, July 19th from 10:00 to noon. Come in and do your shopping and have lunch. If you do not have vouchers, you can make purchases with cash.



AARP 8 Hour Driver Safety Class  
Monday July 16th  
&



Tuesday July 17th  
at 1:30 PM, in the Blooming Grove Senior Center, 150 Pike County Blvd., Hawley. Formerly "55 Alive", the new SMART DRIVER 8 hour defensive course for qualified drivers aged 50 & older. There are no tests and membership in AARP is not necessary. All automobile insurance companies doing business in PA are required by state law to give a minimum discount of 5% to all qualified policyholders age 55 and over who take the course. The discount is for a minimum of 3 years. Always check with your agent to make sure you qualify for the discount. All classes are taught by trained, unpaid volunteer instructors. The 8 hour class is given in 2, 4 hour sessions, and is required for first timers and those who have not taken the class within the past 36 months. A \$20 fee (\$15 for AARP members with membership card) is charged for each class. Class size is limited, advance reservations are required for placement in any class. Please bring your drivers license and AARP membership card. Make checks payable to AARP, mail to Pike County Area Agency on Aging, 150 Pike County Blvd., Hawley, PA 18428. Please include a daytime phone # and your AARP number with your check.

### MARK YOUR CALENDARS!

- 8/3-Picnic at Promised Land State Park
- 8/7-Code Red Presentation in Dingmans at 11:00
- 8/8-Code Red Presentation in Saw Creek at 11:00
- 8/15-Ritter's Truck in Matamoras
- 8/16-Ritter's Truck in Blooming Grove
- 8/20-Advisory Board Meeting



Happy Fourth of July

A proud time of year to wave your flags, remember our history and for many Americans, celebrate the occasion.

We recently had our 5<sup>th</sup> annual Elder Abuse Awareness Day in Milford. There was much information provided to a very resolved crowd. A great big thank you to the committee that put the whole event together, and the speakers, including D.A. Ray Tonkin, Jordan Wisniewski, Pike County, Derek Bellinger, Wayne Bank, and our new Pike County Sheriff, Kerry Welsh. Elder financial abuse is one form of elder abuse, and it is one of the top three cases reported to Pennsylvania Adult Protective Services, estimated to cost senior citizens in America more than \$36 billion each year. Good news from Harrisburg as we just heard that the Pennsylvania Department of Aging will receive an additional \$2 million dollars specifically to help Agencies like ours fund this essential program.

The River Rose trip was a success. Those that attended look forward more outings and thank Lana Romeo for her creativity. We are heading South ourselves to launch a new spot for seniors at the Top of the World Restaurant in Saw Creek Estates. On July 18<sup>th</sup> Lana and Cherie will take their “center without walls” to the “Creek”. We will have a number of programs and events there, including Farmer’s Market vouchers to distribute. Hoping to make this a regular event at “The Creek”

On May 31<sup>st</sup> I was invited to sit on a panel with local AAA Directors at the annual Northeast Pa’s Alzheimer’s Conference “Dementia Conversations”. The event provided the audience with a number of speakers, experts, and resources for dealing with dementia and related disorders. Pennsylvania currently has more than 400,000 individuals living with Alzheimer’s Disease or a related disorder. Most recently, the Wolf Administration announced the formation of Pennsylvania’s Alzheimer’s State Plan Task Force. The task force was created to take a lead role in implementing and



championing the goals and recommendations of Pennsylvania’s State Plan for Alzheimer’s Disease and Related Disorders. Alzheimer’s is an irreversible, progressive brain disease that slowly inhibits brain function, and it is the most common form of dementia. According to the Alzheimer’s Association an estimated 5.7 million Americans currently live with Alzheimer’s and it is the sixth leading cause of death in the United States. Recently there was a U.S. Senate Special Committee Hearing in Washington D.C. attended by Secretary Osborne called: Changing the Trajectory of Alzheimer’s: Reducing Risk, Detecting Early Symptoms, and Improving Data. The committee is chaired by Senator Susan Collins (R-Maine), with Senator Bob Casey (D-Pennsylvania). With more attention such as this, we hope to find more ways to treat and prevent this devastating disease. To learn more about Alzheimer’s disease, visit alz.org. To learn more about the Pennsylvania Department of Aging, visit aging.pa.gov.

Hoping to see everyone at Milford Beach in Milford (formally known as: Bob’s Beach July 13th for our first picnic of the season. Bring your fishing poles!!

***“Freedom is the open window through which pours the sunlight of human spirit and human dignity”***

.....Herbert Hoover





# Christmas in July

Please join us for this themed luncheon which will feature entertainment as well as a special lunch at the Eastern Pike Center @ Matamoras, Matamoras Firehouse, 506 Avenue Q, Matamoras on Friday, July 20th at 10:00 am.

Call 570-775-5550 for reservations and 570-296-3408 for transportation.



Cucumber Salad  
Chicken Cordon Bleu  
Red Oven Roasted Potatoes  
Carrots  
Dinner Roll  
Ice Cream  
\$3.00

Please call 570-775-5550 for reservations



Entertainment by Eddie Biamonte



**BUSHKILL CENTER FOR ACTIVE ADULTS**  
Sponsored by Pike County Area Agency on Aging  
Please join us at Saw Creek Estates,  
148 Cambridge Ct, Bushkill PA 18324  
on Wednesday, July 18th from 9:00 am to 2:00 pm  
You do not have to live in Saw Creek Estates to attend the Bushkill Center



### Our first center without walls

9:00am to 10:00am- Free Time, Games, etc

10:00 am-Welcome

11:00 am to 11:30 am -Speaker, Alicia Bonadonna, on Medicare

11:30 am to 12:00 pm -Lunch

12:00 pm to 1:00 pm -Exercise & Dance with Lana

1:00pm to 1:15 pm -Farmers Market Voucher Presentation

1:15 pm to 2:00 pm - Voucher distribution \*

1:00 pm to 2:00pm - Full amenities tour

\*you must provide proof of Pike County residency and age (must be 60 by end of year)

### UPCOMING EVENTS

7/25 - Nutrition Presentation

8/1- SHARE Presentation

8/8- Code Red Presentation

Lunch will be a Light Menu, Fruit and Beverage for \$2.50

Any questions, please call 570-775-5550

All registration through  
Pike County Area Agency on Aging only  
Please call 570-775-5550



# COOLING CENTERS

It's going to be a hot one out there this summer. AccuWeather predicted above average temperatures this year. Are you prepared for the heat?

Are you aware that all of our centers are cooling stations. Please stop by to get out of the heat and cool down in any one of our centers:

**Blooming Grove Center**  
150 Pike County Blvd  
Hawley, PA 18428  
570-775-5550  
Monday through Friday  
8:00 to 4:00 pm

**Lackawaxen/Shohola Center**  
Lackawaxen Fire Dept  
Beisel Beck Rd & Rt 590  
Lackawaxen, PA 18435  
570-685-7808  
Monday, Wednesday & Friday  
9:00 to 2:00

**Dingmans Center**  
American Legion 851  
107 Ball Park Rd  
Dingmans Ferry, PA 18328  
570-828-7812  
Tuesday & Friday  
9:00 to 2:00

**Eastern Pike Center at Matamoras**  
Matamoras Fire House  
506 Avenue Q  
Matamoras, PA 18336  
570-832-1929  
Tuesday, Wednesday & Friday  
9:00 to 2:00



The 5th Annual Elder Justice day held in Milford was the most successful event to date. With over a 150 people in attendance that included seniors, vendors, presenters and the task force we were able to again educate the community of Elder Abuse and provide valuable information.



Please come hear Debra Longo speak about eradicating domestic violence, sexual assault and other serious crimes through prevention, empowerment and the promotion of social justice

Join us for a special informational presentation on

**Tuesday, July 3rd at 11:30 in Dingmans, 107 Ball Park Rd, Dingmans Ferry**  
**Wednesday, July 11th at 12:00 in Lackawaxen, Lackawaxen Fire Dept, Beisel Beck Rd & 590**  
**Thursday, July 19th at 12:00 in Blooming Grove, 150 Pike County Blvd, Hawley**  
**Friday, July 27th at 12:00 in Matamoras, 506 Ave Q, Matamoras**

**July****2018 Eastern Pike Center @ Matamoras 9am-2pm 570-832-1929**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> CLOSED Medical Transport	<b>3</b> Cards, Games Lunch <b>Vouchers 10-12</b>  <b>Cash Bingo</b> 12 to 2	<b>4 CENTERS CLOSED</b> 	<b>5</b> CLOSED	<b>6</b> Bingo, Cards & Games Lunch Exercise & Line Dancing with Lana @ noon <b>VOUCHERS 10-12</b>
<b>9</b> Closed Medical Transport	<b>10</b> Cards, Games Lunch <b>Vouchers 10-12</b>  <b>Cash Bingo</b> 12 to 2	<b>11</b> Cards, Games Lunch Yoga @ 10:30	<b>12</b> CLOSED	<b>13</b> <b>Centers Closed</b> <b>Picnic at Milford Beach</b> <b>@ 10:00</b>
<b>16</b> Closed Medical Transport	<b>17</b> Cards, Games Lunch <b>Cash Bingo</b> 12 to 2  <b>Vouchers 10-12</b>	<b>18</b> Cards, Games Lunch Yoga @ 10:30  <b>Ritter's Truck</b> <b>Blind Assoc. Support</b> (3rd Wed of month)	<b>19</b> CLOSED	<b>20</b> Bingo, Cards & Games Lunch Exercise & Line Dancing with Lana @ noon <b>Christmas in July</b> <b>I &amp; R</b> <b>Vouchers 10-12</b> <b>Sip &amp; Paint</b>
<b>23</b> Closed Medical Transport	<b>24</b> Cards, Games Lunch <b>Cash Bingo</b> 12 to 2  <b>Vouchers 10-12</b>	<b>25</b> Cards, Games Lunch Yoga @ 10:30  <b>Golden Age Club</b>	<b>26</b> CLOSED	<b>27</b> Bingo, Cards & Games Lunch Exercise & Line Dancing with Lana @ noon  <b>Safe Haven 12:00</b> <b>Vouchers 10-12</b> <b>Celebrate Birthdays</b>
<b>30</b> Closed Medical Transport	<b>31</b> Cards, Games Lunch <b>Cash Bingo</b> 12 to 2  <b>Vouchers 10-12</b>	<p><b>Do You Know?</b></p> <p>Contrary to popular belief, only two Founding Fathers signed the Declaration of Independence on July 4, 1776. The majority of signers penned their signatures on August 2, 1776.</p>		

**July****2018 Dingmans's Center 9am-2pm 570-828-7812**

EVERY TUESDAY	EVERY FRIDAY
Cards & Games Yoga @ 10:30 Lunch  <b>VOUCHERS 10-12</b>  <b>7/3-Safe Haven 11:30</b> <b>7/10-Line Dancing with Lana</b> <b>7/24-Glaucoma Testing</b> <b>7/24-Blood Pressure provided</b> <b>by Quality Healthcare @ 10 am</b> <b>7/31- Celebrate Birthdays</b> <b>7/31-Safe Haven Presentation</b> <b>12:00-12:30</b>	Bingo, Cards & Games Lunch  <b>7/13- Centers Closed</b> <b>Picnic at Milford</b> <b>Beach @ 10:00</b>  <b>Vouchers 10:00-12:00</b>

**July 2018 Blooming Grove Activities 8 am-4 pm 570-775-5550**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Medical Transport  <b>Hemlock Ladies</b>	<b>3</b> Arts & Crafts Wii Bowling Tai Chi 10:30 <b>Computer class</b> <b>Must Have Appt.</b>  <b>VOUCHERS 10-12</b>	<b>4</b> <b>CENTERS CLOSED</b>  	<b>5</b> Bingo Exercise with Lana Wii Bowling <b>Blood Pressure</b> <b>VOUCHERS 10-12</b>  	<b>6</b> Cards Arts & Crafts   
<b>9</b> Medical Transport  <b>Monday's Angels Alzheimer's Support @ 1:30</b>	<b>10</b> Arts & Crafts Wii Bowling <b>Bigger Shopping</b> <b>Dingmans &amp; Shohola</b>  <b>Computer class</b> <b>Must Have Appt.</b>  <b>VOUCHERS 10-12</b>	<b>11</b> Cards Dominoes, Rummikube <b>Bigger Shopping</b> <b>Mil/Mat</b>  <b>Grief Support 10:30</b> <b>VOUCHERS 10-12</b>	<b>12</b> Bingo Wii Bowling  <b>Bigger Shopping</b> <b>Promised Land</b>  <b>VOUCHERS 10-12</b>  	<b>13</b> <b>Centers Closed</b>  <b>Picnic at Milford Beach @ 10:00</b>
<b>16</b> Medical Transport  <b>Advisory Board Meeting @ 12:30</b>  <b>AARP Class 1:30</b>	<b>17</b> Arts & Crafts Tai Chi 10:30 Exercise with Lana Wii Bowling <b>Computer class</b> <b>Must Have Appt.</b> <b>VA Rep @ 9:00</b> <b>VOUCHERS 10-12</b> <b>AARP Class 1:30</b>	<b>18</b> Cards Dominoes, Rummikube  <b>VOUCHERS 10-12</b>  <b>Safe Haven 12:00</b>	<b>19</b> Bingo Exercise with Lana Wii Bowling <b>Ritter's Truck</b>  <b>Blood Pressure</b> <b>VOUCHERS 10-12</b>  	<b>20</b> Cards Arts & Crafts   
<b>23</b> Medical Transport <b>Ombudsman @ 1:30</b>  <b>Monday's Angels Alzheimer's Support @ 2:30</b>	<b>24</b> Arts & Crafts Tai Chi 10:30 Exercise with Lana Wii Bowling <b>Computer Class</b> <b>Must Have Appt.</b> <b>VOUCHERS 10-12</b>	<b>25</b> Cards Dominoes, Rummikube <b>VOUCHERS 10-12</b>  <b>Blind Assoc</b> <b>Ice Cream Social</b>	<b>26</b> Bingo Exercise with Lana Wii Bowling <b>VOUCHERS 10-12</b> <b>Glaucoma Testing 10-12</b> <b>Birthday Celebration</b>  	<b>27</b> Cards Arts & Crafts   
<b>30</b> Medical Transport	<b>31</b> Arts & Crafts Tai Chi @ 10:30 Exercise with Lana Wii Bowling <b>Computer Class</b> <b>Must Have Appt.</b> <b>VOUCHERS 10-12</b>	 The holiday does not celebrate the signing of the Declaration; it celebrates the adoption of the Declaration of Independence by the Second Continental Congress.		

**July 2018 Lackawaxen/Shohola Township 9 am-2 pm 570-685-7808**

EVERY MONDAY	EVERY WEDNESDAY	EVERY THURSDAY
Cards & Games Lunch Medical Transport	Exercise with Annette or Lana @ 11 Lunch  <b>VOUCHERS 10-12</b>  <b>7/11-I&amp;R (2nd Wed)</b> <b>7/11- Safe Haven Presentation 12-12:30</b> <b>7/18-Blood Pressure (3rd Wed)</b> <b>7/25-Code Red Presentation</b> <b>7/25-Celebrate Birthdays</b> <b>Line Dancing &amp; Exercise with Lana</b>	Cards & Games & Bingo Lunch @ 11:45 <b>7/5, 7/12, 7/19 &amp; 7/26-Diabetics Clinic 10:30 to 11:30</b>   Games & Classes @ 1:00 PM

# July 2018 Menu

## Salad Bar Days

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> Green Bean and Tomato Salad Beef Stroganoff Egg Noodles Squash Rye Bread Fresh Fruit</p>	<p><b>3</b> Broccoli &amp; Chick Pea Salad Meatloaf &amp; Gravy Mashed Potatoes Green Beans Rye Bread Fresh Fruit</p>	<p><b>4</b> <b>CENTERS CLOSED</b></p> 	<p><b>5</b> Asian Slaw Teriyaki Meatballs Rice Stir-Fry Pepper Medley Dinner Roll Mandarin Oranges</p> 	<p><b>6</b> Lentil Soup Salmon w/Herb Butter Rice Peas &amp; Onions Wheat Bread</p> 
<p><b>9</b> Cottage Cheese &amp; Fruit Chicken Nuggets Potatoes O'Brian Zucchini Chocolate Cake</p>	<p><b>10</b> Split Pea Soup Crax Chicken Breast Fresh Tomato &amp; Mozzarella on roll Rice Medley Peaches</p>	<p><b>11</b> Tossed Salad Chili Con Carne &amp; Rice Corn &amp; Peppers Corn Muffin Pineapples</p>	<p><b>12</b> Corn &amp; Black Bean Salad Italian Sausage Onions &amp; Peppers On Hoagie Rotini &amp; Broccoli (mixed) Ice Cream</p> 	<p><b>13</b> <b>CENTERS CLOSED</b> <b>PICNIC AT MILFORD BEACH 10:00</b></p>
<p><b>16</b> Cole Slaw Swedish Meatballs Rotini Pasta &amp; Gravy Carrots Dinner Roll Apple Sauce</p>	<p><b>17</b> Orange Juice Roast Beef Gravy Oven Roasted Potatoes Sautéed Zucchini Wheat Bread Banana Cake</p>	<p><b>18</b> Split Pea Soup Crax Tuna Salad with Tomato &amp; Lettuce Hoagie Macaroni Salad Fresh Fruit</p>	<p><b>19</b> V-8 French Toast topped with Apple Compote Sausage Patty Blueberry Muffin Fruit Cocktail</p> 	<p><b>20</b> Cucumber Salad Chicken Cordon Bleu Red Oven Roasted Potatoes Carrots Dinner Roll Ice Cream</p> 
<p><b>23</b> Cucumber Salad Lemon Pepper Fish Macaroni &amp; Cheese Stewed Tomatoes Cherry Cobbler</p>	<p><b>24</b> Turkey Noodle Soup Chicken Caesar Salad Croutons Pasta Salad Dinner Roll Fruit Cocktail</p>	<p><b>25</b> Carrot Salad Corned Beef &amp; Cabbage Carrots Parsley Potatoes Rye Bread Citrus Salad</p>	<p><b>26</b> Grape Juice Stuffed Chicken Breast Rice Medley Creamed Spinach Rye Bread Pears</p> 	<p><b>27</b> Mandarin Salad Sweet &amp; Sour Stir Fry Chicken Vegetables Rice Rye Bread Fresh Fruit</p> 
<p><b>30</b> Waldorf Salad Pasta &amp; Bolognese Sauce Italian Green Beans Italian Bread Citrus Salad</p>	<p><b>31</b> Red Cabbage Salad Alaskan Pollock Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit</p>	 <p>The Pennsylvania Evening Post was the first newspaper to print the Declaration on July 6, 1776.</p>		

**Seniors Are Our First Priority**

**May Birthdays in Matamoras**



**Red Nose Day  
in  
Lackawaxen**

**HAPPY  
4TH  
OF  
JULY**



**Our very own APPRISE team receiving an award from Senator Lisa Baker's office. They were chosen out of all 67 counties in the Commonwealth of PA.**

**The award is the Pennsylvania Department on Aging's Secretary's Award for Excellence for 2018.**

## EVENTS and PROGRAMS

Do you live in the Greentown area & need assistance with your shopping? There are a few supermarkets that will deliver to you.

**Lake Region IGA-570-226-6000** extension 10 (you must order between 7 am & 9:30 am on Tuesdays). They deliver same day, by 1:30 PM. There is a \$9.95 delivery charge.

**Dutch's Market-570-676-3373** No weekend Delivery-but require 24 hr. notice when ordering on other days. \$10 delivery charge.

**Dave's Foodtown/Super Duper-570-251-9530** They do not deliver too far from store. Call them for details.

**Shoprite** delivers (\$10 internet fee & \$6.95 delivery fee) shop at [www.shoprite.com](http://www.shoprite.com)

### KNIGHTS OF COLUMBUS

sponsored home cooked meals the third Sunday of each month at **ST. VINCENT'S PARISH HALL** St. Vincent's Drive, Route 739, Dingmans Ferry 2:00 PM-4:00 PM.  
All are welcome.

**The Church At Hemlock Farms**  
**FOOD DISTRIBUTION**  
the first Thursday of every month 4 to 6 PM  
Call 570-576-1964 to register

**Still Waiting for Your New Card?**  
**New Medicare Card Mailing Update –**  
New Medicare cards were mail to people with Medicare who live in Arkansas, Illinois, Indiana, Iowa, Kansas, Minnesota, Nebraska, North Dakota, Oklahoma, South Dakota and Wisconsin. New cards have been mailed to people who live in (Alaska, American Samoa, California, Guam, Hawaii, Northern Mariana Islands, Oregon), as well as nationwide to people who are new to Medicare. New cards have been mailed to people with Medicare who live in : Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, and West Virginia. If someone with Medicare not get a card, they must call 1-800-Medicare (1-800-633-4227). There might be something that needs to be corrected, such as updating their mailing address. New cards should be mailed to all people with Medicare by April 2019.

**DO YOU HAVE EXTRA SPACE IN YOUR HOME?  
WOULD YOU LIKE SOME COMPANIONSHIP?  
EXTRA INCOME ?**

If you answered "yes" to these questions, the **SHARE** program may be just what you need.

**SHARE** (Shared Housing And Resource Exchange)

is a new housing program being offered in Monroe, Pike and Wayne Counties. Professional Housing Counselors screen and match people who have extra space in their homes with people seeking an affordable living situation. If this sounds like a good idea for you or someone you know, please contact:

**Pike County and Wayne County**  
**Larisa Yusko 570-832-5133**

or

**Monroe County**  
**Ryan Lohman 570-832-0538**



**FREE Home delivery provided**  
by **Lords Valley Village Pharmacy 570-775-9555**  
and **Good Neighbor Pharmacy 570-828-7494**

**FREE COMPUTER LESSONS**  
**Are you electronically challenged?**  
**Do you need help with the computer?**  
**Would you like to learn how to use the computer?**  
**Do you have questions about programs on the computer?**  
**Appointments are necessary**  
**Please call Lana at 570-775-5550**  
**Ext 1317 for appointments.**

**FREE SMOKE ALARMS!**  
**The Red Cross will come to your home and install 10-year lithium battery powered smoke alarms at no charge.**  
**Please call 570-234-2705**

**KNIGHTS OF COLUMBUS**  
**A nutritious home cooked meal** will be provided the first Sunday of each month at **ST. JOHN NEWMAN PARISH HALL 2:00 PM-4:00 PM.**  
**All are welcome. If you plan to attend please call 775-0681 Mon, Thurs, or Fri or 775-9826 Tues & Wed. Please leave your name, telephone number and number of people attending when making reservations.**

## Senior Law Center

Senior Law Center protects the legal rights & interests of Seniors in Pennsylvania through legal services, referral services and advocacy. Call the Senior Law helpline if you need assistance at:  
877-727-7529

Pike County Area Agency on Aging  
150 Pike County Blvd.  
Hawley, PA 18428

Non-Profit mailer



### DO NOT CALL REGISTRY

If you want to stop those nagging calls from solicitors you can place your phone number on the Do Not call registry by calling:  
1-888-382-1222 and  
1-888-777-3406 or go on line to: [www.donotcall.gov](http://www.donotcall.gov)

To renew subscription, clip out mailing label and send it in with the \$5 yearly fee. If you have email, just send your email address to: [kdantuono@pikepa.org](mailto:kdantuono@pikepa.org), and get your newsletter sent right to your email address for **FREE**—Save time and money!

[www.pikeaaa.org](http://www.pikeaaa.org)

#### Where to Find Information About the Medicare Plans Available in your County:

- \* Medicare & You 2018 Handbook
- \* [www.medicare.gov](http://www.medicare.gov) Call APPRISE at: 1-800-783-7067
- \* Call Medicare at: 1-800-633-4227 (Phone) or 1-877-486-2048 (TTY)
- \* Or call us at: 570-775-5550 x 1313 for an appointment to assist you

### *Pike County Area Agency on Aging*

**Executive Director** - Robin S. LoDolce - email: [rlodolce@pikepa.org](mailto:rlodolce@pikepa.org)

**Protective Services & Options Supervisor** - Robin Soares

**Waiver Supervisor** – Joan Edel

**Nutrition Site Managers** - Cherie Bland, Pam Capps, Jean Imperiale & David Zlasney  
**Activity & Program Director & Health & Wellness Coordinator** - Lana Romeo

#### Blooming Grove Center-150 Pike County Blvd., Hawley, PA 18428

(Phone: 570-775-5550 or 1-800-233-8911 Fax: 570-775-5558)

Office / Center: Monday through Friday - 8am to 4pm

#### Dingmans Center-American Legion 851-107 Ball Park Rd, Dingmans Ferry, PA 18328

(Phone: 570-828-7812) Tuesday & Friday 9 am to 2 pm

Lackawaxen/Shohola Township Center-Lackawaxen Fire Dept., Beisel Beck Rd. & Rte. 590, Lackawaxen, PA 18435. Monday, Wednesday and Thursday 9 am to 2 pm (Phone: 570-685-7808)

Eastern Pike Center @ Matamoras-Matamoras Fire House, 506 Avenue Q, Matamoras, PA 18336  
Tuesday, Wednesday & Friday 9 am to 2 pm (Phone: 570-832-1929)

**ELDER ABUSE REPORTING NUMBER 1-800-233-8911**

[www.pikeaaa.org](http://www.pikeaaa.org)

#### **Advisory Council**

*Chairperson: \*Patricia Crane \* Steven R. Guccini, Commissioner Representative \* Eileen Arenson \* Doris Bannon\* Charlotte Bell  
\*Jeanne Carlstedt \* Jacqueline Eadicicco \* Kathie Joseph\* George Kanfer\* Barbara Leary \* Marianne McMillin  
\* Joe Shevlin \* Sue Siska \* Catherine Steele \* Rita Tepperman \* Michael Weinstein  
Pike County Commissioners - Matt Osterberg \* Steven R. Guccini*

**Pike County Transportation Hours 7:30am—4:00pm Phone 570-296-3408 Fax 570-296-3409  
Toll Free: 1-866-681-4947 STATUS LINE: 570-296-1959**

**Disclaimer:** All information contained herein, is made available as an information service only. The information contained in this publication is not intended to replace official versions of that information. Although every reasonable effort is made to assure accuracy, the information presented without warranty, either expressed or implied, as to its accuracy, timeliness, or completeness.